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BULK RATE

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Published in the interest of the people of Aberdeen Proving Ground

#### Post Shorts

#### **Recycling schedule**

Recycling pickup for Wednesday, Feb. 10, is paper. Put items in blue bags and place them on the curb.

### Blood drive set for Feb. 9

Sign up for the Red Cross blood drive on Feb. 9, 7:30 a.m.-12:30 p.m., at the Aberdeen Area Recreation Center, building 3326. Red Cross officials said blood supplies are extremely low. Call 410-278-2087 to make an appointment. Donating takes about 45 minutes.

#### Play bingo on post

The post recreation centers hold bingo four times a week. The Aberdeen Area Recreation Center has bingo Wednesdays, 7 p.m., and Sundays, 2:30 p.m., at building 3326. For details, call 410-278-2621.

The Edgewood Area Recreation Center holds bingo Thursdays, 7 p.m., and Saturdays, 6:30 p.m., at building E-4140. For more information, call 410-436-2713.

Super Bingo will be held Feb. 13 there, with seven \$500 games and total cash prizes of \$4,900.

### Military Personnel Division closure

The Military Personnel Division will be closed on Feb. 19, due to the change of command ceremony for the post commander in the morning and regular military training in the afternoon. Questions may be directed to Sgt. Maj. Sherry Smith, military personnel sergeant major, at 410-278-5307. Emergency cases should contact the Emergency Operations Center at 410-278-4500/5225.

## President's Day hours for AAFES

The Army and Air Force Exchange Service will have the following holiday hours on President's Day, Feb. 15:

Post Exchange, 10 a.m.-6 p.m.; Shoppette, 9 a.m.-9 p.m.; EA Mini Mall, 10 a.m.-5 p.m.; and Burger King, 11 a.m.-6 p.m. The Troop Store and Military Clothing Sales Store will be closed.

## Boat club taking applications

The Spesutie Island Boat Club is accepting applications for the 1999 season. Members must be authorized to participate in APG Morale, Welfare, and Recreation programs, and have proof of insurance and proper registration. Cost of keeping a boat is \$9.50 a foot for mooring, \$6.50 per foot for lot storage and \$6 per foot ramp access. If you are interested in joining stop by building 36 or call Outdoor Recreation at 410-278-4402.

## Pre-register for summer program

The Child Development Center and Youth Services are accepting pre-registration for the full-day summer program, which will operate for eight weeks from June 28 through Aug. 20. Children enrolled in grades 1-9 are eligible for the program.

Pre-registration forms are available at both Youth Centers and Child Development Centers. The

See SHORTS, page 2

## **Ordnance NCOs make history**

#### First from APG selected for prestigious Audie Murphy Club

By E.C. Starnes

Ordnance Corporate Affairs Office

Three NCOs from the U.S. Army Ordnance Center and School made history recently as they became the first soldiers at Aberdeen Proving Ground to be inducted into the U.S. Army Training and Doctrine Command (TRADOC) Sergeant Audie Murphy Club.

Sfc. Todd Hilliker and SSgt. Jeffery Butz, both from the OC&S Noncommissioned Officer Academy, joined SSgt. Darrell Peebles Sr. from the 143rd Ordnance Battalion as they were inducted into the prestigious organization named for America's most decorated World War II veteran.

See HISTORY, page 3



Photo by LAMONT HARBISON

Posing with Command Sgt. Maj. Tyler Walker II, left, and Command Sgt. Maj. Steven A. McWilliams, right, are APG's first soldiers chosen for the Sergeant Audie Murphy Club – from left, SSgt. Darrell Peebles Sr., Sfc. Todd Hilliker and SSgt. Jeffery Butz.

## The Sergeant Audie Murphy Club

By E.C. Starnes

Ordnance Corporate Affairs Office

The Sergeant Audie Murphy Club is an Army-wide effort to recognize noncommissioned officers who have contributed significantly to the development of a professional NCO Corps and combatready Army.

Those inducted exemplify leadership characterized by personal concern for the needs, training, development and welfare of soldiers and concern for families and soldiers.

The club was originally formed at Fort Hood, Texas, as an effort by Lt. Gen. Crosbie Saint, then-III Corps commander, and Command Sgt. Maj. George L. Horvath to recognize outstanding NCOs.

Five years later, in 1991, the club was expanded from Fort Hood to include all of III Corps to include Fort Riley, Kan., Fort Sill, Okla., Fort Bliss, Texas, Fort Polk, La., and Fort Carson, Colo.

In 1993, the program as expanded when former III Corps Command Sgt. Maj. Richard B. Cayton, himself a Sergeant Audie Murphy Club member, became command sergeant major of U.S. Army Forces Command. In 1994, the sergeant major of the Army expanded the

program Army-wide with all commands and installations retaining the selection process for their own NCOs.

Last year, it was estimated that club membership had reached 3,000 soldiers and was rapidly increasing.

The Sergeant Audie Murphy Club was named for Audie Leon Murphy, the son of poor Texas sharecroppers who became a national hero as the most decorated U.S. combat soldier of

World War II. In addition to the Medal of Honor, he received 32 citations, including every decoration for valor that the United States has to offer. He also received five decorations from France and Belgium. He was a staff sergeant when he was given a battlefield commission as a second lieutenant. He was wounded three times as he participated in nine major campaigns across Europe.

Murphy went on to further fame as a Hollywood actor, author and song writer. He made 44 feature films in 25 years. His autobiography, To Hell and Back, was a best seller and made into a movie, in which Murphy played himself.

He was killed on May 28, 1971, when the plane in which he was traveling crashed into the side of a mountain near Roanoke, Va. On June 7, he was buried with full **See CLUB, page 3** 

## Ceremony set for Feb. 19

## Andrews to transfer command to Ertwine

By Pat McClung
TECOM Public Affairs Office

On Feb. 19, Maj. Gen. Edward L. Andrews, commander of the U.S. Army Test and Evaluation Command and Aberdeen Proving Ground, will transfer TECOM command responsibility to Brig. Gen. Dean R. Ertwine.

The change of command ceremony will be held at 10 a.m. at Fanshaw Field. Troops will represent APG and TECOM units from across the country.

Gen. Johnnie E. Wilson, commander of the U.S. Army Materiel Command in Alexandria, Va., will preside over the ceremony.

Andrews assumed command of TECOM 18 months ago. He came to APG from Warren, Mich., where he commanded the

See CEREMONY, page 3

## Preserve the bay

## APG joins area businesses to reduce pollution

By Sheila Jones

Directorate of Safety, Health and Environment

Aberdeen Proving Ground recently reaffirmed its commitment to preserving the Chesapeake Bay by joining nearly 200 other organizations dedicated to significantly reducing in the amount of pollutants released into the watersheds by the year 2000.

In December, Maj. Gen. Edward L. Andrews, commander of APG and the U.S. Army Test and Evaluation Command, renewed APG's membership in

See POLLUTION, page 4

## From Qussia, with Love

# Boundaries are no barrier for a retired Army couple who adopted two children from Russian orphanages. Now, they are trying to find homes for more children, and know military families have a lot to offer.

By Karen Jolley Drewen

Adopting an older child from Russia. Listen to news reports and it could sound like a terrifying prospect.

But if you watch Donald and Anna Williams race around their Bel Air home, the process becomes not frightening, but amazing. In fact, it should be mandatory.

"We do not have a single regret," said Judy Williams, who adopted the children over the past five years with her husband, Barry. "How can we? Look at them."

The energetic duo – Donald turned 10 last month, Anna's 9 – take visitors around the house, showing off the fish, cats, dog, artwork, toys, games.

"Want to play Scrabble?" asks Donald, still known as "Sasha," his nickname from his Russian childhood.

Anna, slightly more reserved, shows off charcoal and pastel drawings, one of which won first-place in a competition last year at Ring Factory Elementary School, which both children attend. She also won third place for literature.

Their parents, both "40-something" Army retirees, have become advocates for Russian adoptions, helping to bring five children to the United States last summer to meet prospective families, sponsored by the Bel Air Athletic Club. Their dream was to send the children home with adoption plans. It worked. All five children were reunited with their new families in time for Christmas.

This month, another group of children will arrive for a month-



Photo by KAREN JOLLEY DREWEN

Judy and Barry Williams of Bel Air, both retired from the Army, pose with their children, Anna and Donald, known as "Sasha." Both children were adopted from Russia.

long stay, through "Adoptions Forever," the Rockville-based organization that helped the Williams family find Sasha and Anna. The group has the same dream for these children.

"We need to know if there are people in the APG community who are interested in adopting children," said Judy, a former Army nurse. "I enjoyed the military, and met really good people. I think the medical system was great, because I was part of it. The family support is very good, much better than you'd get in a community. You don't often see the camaraderie in a non-military community."

Army Community Service is

Army Community Service is willing to help organize a talk by Judy and Barry Williams about adoptions, either one-on-one or, if there is enough interest, on a

larger scale. Military or civilian families who want to meet the children who will visit or serve as host families also can call Williams at 410-569-8927.

"The children who will visit are in approximately the first grade. We have one brother/sister pair, one boy, and three other girls," Judy said.

Activities like an indoor pic-See ADOPT, page 5

#### **LETTER TO THE EDITOR**

## NCO from Fort Knox cites concerns about AIT students, activities

To the editor:

During my last five months here at APG, I have seen some things being done by AIT [Advanced Individual Training] soldiers that is a bit troubling to

As a former drill sergeant at Fort Knox, Ky., in a AIT Company which trains the 45/63 Tango Cmf, I cannot believe my eyes at times. I am at APG on a Bradley A3 project and have seen AIT soldiers on the grounds of the APG PX at 0900-1000 hours during the weekdays (training hours or at least I think). Not just one or two, 10 and 20 at a time with no NCO supervision. I have also seen AIT soldiers again during the weekday at Burger King and the PX food establishments for the lunch and dinner meals. And to top it all off, I have seen a group of at least 50 AIT soldiers

being moved from training and to training both morning and afternoon, by another AIT soldier (Pvt.). No NCO or drill sergeant in sight and, oh, by the way, the profile soldiers lagging or straggling behind the formation.

Where do the soldiers learn discipline, esprit de corps, motivation? From each other? No! From the drill sergeant! These young troops need to spend their monies on soldierly items, i.e. haircuts, personal hygiene items, not on food which is provided to them by the DFAC. The discipline starts in Basic and is reinforced in AIT. It gives the appearance to me and other visiting NCO's and officers as if the AIT soldiers are out-of-control at APG!

Sfc. Terry R. Conner HHC 1/81 Armor Fort Knox, Ky.

### Response: Army values reinforced in students

The following response was provided by the U.S. Army Ordnance Center and School:

Regarding Sgt. 1st Class Connor's concerns about our AIT soldiers being "out-of-control at APG," I can assure you that this is not the case.

Let me address each of his concerns individually.

Soldiers can be seen at the APG PX at any time during normal duty hours. There are any number of reasons for their presence at the PX. These soldiers may be holdovers, recent or soon-to-be graduates, or soldiers who have been sent to the PX to pick up necessary items as a group. Additionally, there are various training hours and schedules for different MOSs and the different services. Some training is provided 24-hours-a-day in selected facilities. Also, Marines and Air Force personnel training here do not have drill sergeants.

As far as soldiers eating at Burger King or the PX during the lunch and dinner hours, the students earn different on- and off-post privileges based on their cycle of training. Also, several of the situations outlined above apply here as well.

As to soldiers being marched to training, they are marched off initially as a company

unit by drill sergeants. As the unit progresses towards the multitude of training sites along the route, some students break off in formations led by student leaders to their individual classrooms and training areas. When marching from the classroom to the company areas for lunch or evening meals, the soldiers generally are led by student leaders because of the multiple schedules.

Additionally, many of the formations witnessed in the training area are Basic NCO Course students marching to some of the same classrooms. They are led by NCOs, not drill sergeants, and from the distance are not easily identified as non-AIT students.

I have witnessed these formations hundreds of times during my time here as the brigade command sergeant major and I can assure you that these soldiers do learn discipline and skills from each other, as well as from their drill sergeants and instructors. The leadership these young student leaders exhibit by doing such things as leading their classmates to class and to the company areas was instilled by drill sergeants and instructors. It is not something that is "forgotten" simply because the drill sergeant is not alongside, singing cadence. Our drill sergeants teach leadership, discipline and the

art of soldiering and we trust these selected student leaders to lead their classmates to and from class as needed. We are here to prepare these young men and women to be soldiers in the field, where there are no drill sergeants to correct and lead them. We have to begin trusting their abilities prior to their departure for their first permanent party assignment.

Sgt. 1st Class Connor noted that soldiers need to spend their money on soldierly items such as haircuts and personal hygiene, not on food which is provided to them by the DFAC. If he has witnessed any individual soldier suffering from lack of proper grooming and hygiene, he owes it to the soldier to bring it to his or her attention and to the attention of the chain of command.

My door, as well as the doors of everyone in the chain of command at the 61st Ordnance Brigade, our two battalions, and our training departments are always open for anyone having concerns about our soldiers. As a former drill sergeant and an NCO, Sgt. 1st Class Conner, I am sure, is professional enough to understand and respect that.

William Miller

Command Sergeant Major 61st Ordnance Brigade

#### **Post Shorts**

#### SHORTS, from front page

AA CDC is located in building 2485; the EA CDC is located in building E-1901. The AA Youth Center is located in building 2522; the EA Youth Center is located in building E-1902. The CDC and Youth Center priority for care policy is in effect for the summer program. Patrons on this list who turn down a position (when it is offered) will be removed from this list. Activities planned include swimming, sports, skating, movies and field trips. For questions, call Rita Wilkins, director, School-Age Services, 410-278-2572

#### **Recruiting team seeks volunteers**

Are you one of APG's finest NCO's? Can you perform with little or no supervision? The U.S. Army Recruiting Command's Recruit The Recruiter Team is looking for top NCOs from sergeant through sergeant first class who are looking for one of the Army's most challenging and rewarding jobs. If you qualify, volunteer and receive an assignment, you will receive extra pay, incentive awards, assignment preference, career enhancement and job satisfaction. Recruiters help build tomorrow's Army. For a telephone interview regarding qualifications or to ask about recruiting duty, call your Recruit The Recruiter Team Representative at 1-800-223-3735, then dial extension 60215, 60105, 60234, 60210 or 60231. You can also use DSN 536- (and last four of any extension). Feel free to browse the website at www.goarmy.com/recruiter.

#### Get answers on health care plan

A claim representative of the Government Employees Hospital Association (GEHA) Health Plan will visit APG on Feb. 17, arranged by the Civilian Personnel Advisory Center. The representative will be available to answer questions and assist with claim problems in building 305, room B-14, 10 a.m.-noon. No appointment is necessary. For more information, call Kathy Anderson, 410-278-2649, and Teri Wright, 410-278-4331, APG CPAC.

#### **Reminder to family housing occupants**

To prevent frozen pipes and possible damage to government quarters, disconnect garden hoses from outside faucets, and keep storm windows and garages closed. During cold temperatures, allow your kitchen water faucets to drip to prevent water lines from freezing.

#### **Family Child Care training set**

Family Child Care training will be conducted the week of March 15-19. Interviews will be held on March 8, 9 and 11. Applicants interested in providing home-based child care, especially in the

Edgewood Area, are encouraged to apply. For applications, call 410-278-8720. Bring a professionally trained provider in a warm home environment offers many benefits: free training in a marketable occupation; credit transfers to Army installations world-wide; free use of toy lending library; free referrals by Central Registry; free monthly newsletter; free workshops (nutrition, child psychology, CPR, tax assistance); participation in the National CDA credential program; participation in the USDA food program; and self employment. For more information, call Gail Smith, 410-278-7477/8720 or Kathy Reese, 410-436-2692/3355.

#### **EAOWC** offers scholarships

The Edgewood Area Officers' Wives Club is pleased to once again offer a \$1,000 youth scholarship on behalf of the USPA and IRA Educational Foundation. The EAOWC also will offer three additional \$500 scholarships: two to high school seniors and one to a currently enrolled full-time college student. To be eligible for the awards, one must be the child of an active-duty, retired or deceased service member, who will be attending college during the 1999-2000 school year. Applications may be obtained at all high schools in Harford County, the EA Thrift Shop, the EA Library, or by calling Evelyn Atchison, 410-297-8558.

The EAOWC will also donate \$500 for a spouse scholarship which will be given to a spouse of active duty, retired, or deceased military members. Applications also will be available at the EA Thrift Shop, the EA Library, and through Evelyn Atchison.

Applications for students and spouse scholarships must be received by April 2. Winners will be notified by early May.

#### MCSC to offer scholarships

The Aberdeen Area Military and Civilian Spouses Club (MCSC) will award three higher education scholarships this spring. A \$1,000 college education scholarship will be awarded to a high school senior who is the child of an active duty, retired, or deceased service member or DoD civilian. A scholarship from the USPA&IRA educational foundation will give \$1,000 to a service member's child who is entering or continuing education in an undergraduate college program. The recipient will be determined by the MCSC. The club also will award \$500 to a military spouse entering or continuing a college education.

Applications are available in the Aberdeen Area library, Post Office and Thrift Shop, and through the local high school guidance office. For more information, contact Ellen May, MCSC scholarship chairperson, 410-297-8387. Application deadline is April 1, 1999.

Scholarship recipients will be notified in early May.

#### **Red Cross has classes scheduled**

A Community First Aid and Safety Class will be held on Feb. 6 and March 19. The class is held from 9 a.m.-6:30 p.m. Register soon because spaces are limited. Cost is \$25. Upon completion you will be certified in first aid for three years and community CPR for one year.

A baby-sitting class will be held Feb. 13 and 20, 9:30 a.m.-2:30 p.m. Those who complete the class will be placed on a list for baby-sitting for the post, with permission from parents. Cost is \$10 for all ID card holders, with scholarships donated by the post thrift shops.

For information about classes, call Carolyn Lerwill at 410-278-2087. Course fees are payable by check to the American Red Cross.

#### **EAOWC** to donate funds

The Edgewood Area Officers Wives Club will donate funds to services and charities this spring. If your group or organization is interested in receiving a donation, provide a request in writing by Feb. 28, to Deborah Pellissier, EAOWC Services and Charities, 4842 Austin Rd., Gunpowder, MD 21010. Be as specific as possible in stating the purpose for which the funds will be used, and include the name, title, address and phone number of a contact person.

#### **EA Thrift Shop needs accountant**

The Edgewood Area Thrift Shop, located in building E-1633 at the corner of Wise and Stark roads, is interviewing applicants for the position of bookkeeper. The current bookkeeper soon will be leaving, and she would like the opportunity to interview and train the successful applicant. The shop is open Tuesdays, 10 a.m.-2 p.m., Thursdays, 10 a.m.-4 p.m., and, provided that it does not encompass a holiday weekend, the first Saturday of the month from 10 a.m.-2 p.m. For further information about duties and salary, call 410-676-4733 during the business hours listed.

#### Send in soup labels to CDC, schools

The Aberdeen Area Child Development Center, Aberdeen Middle School and Edgewood Elementary School collect Campbell's Soup labels to redeem for equipment to be used by children enrolled at the center.

Eligible products include: Campbell's bean products; chunky, condensed, Home Cookin' and Healthy Request soups; Campbell's tomato juices; Franco-American gravies, SpaghettiO's; Pace Picante;

#### APG News

The APG News, a civilian enterprise newspaper, is an authorized publication for members of the U.S. Army. Contents of the APG News are not necessarily official views of, or endorsed by, the U.S. government, Department of Defense, Department of the Army or the U.S. Army Test and Evaluation Command. The newspaper is published weekly by the TECOM Public Affairs Office, ATTN: AMSTE-PA, Aberdeen Proving Ground, MD 21005-5055, (410) 278-1150. Printed circulation is 13,500.

Everything advertised in this publication shall be made available for purchase, use or patronage without regard to race, color, religion, sex, national origin, age, marital status, physical handicap, political affiliation or any other nonmerit factor of the purchaser, user or patron. If a violation or rejection of this equal opportunity policy by an advertiser is confirmed, the printer shall refuse to print advertising from that source.

All editorial content is prepared, edited, provided and approved by the TECOM Public Affairs Office. The *APG News* is printed by Homestead Publishing Company, a private firm in no way connected with the Department of the Army, under exclusive written contract with Aberdeen Proving Ground. The civilian printer is responsible for commercial advertising. The appearance of advertising in this publication, including inserts or supplements, does not constitute endorsement by the Department of the Army or Homestead Publishing Company of the products or services advertised.

For advertising matters, call Homestead Publishing, 410-838-4400. Send articles or information for publication to the TECOM Public Affairs Office, Building 314, Room 326, AMSTE-PA, APG, MD 21005-5055; call the editor at 410-278-1150, DSN 298-1150; or send e-mail to kdrewen@apgnews.com. Deadline for copy is Monday at noon (Thursday at noon for letters to the editor). Check out the website at http://www.apgnews.com.

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#### RETIREE CORNER

#### Vietnam veterans and hepatitis C

A study by Dr. Gary Roselle, a Department of Veterans Affairs (VA) researcher, suggests that Vietnam veterans, now in their 40's and 50's, are at much greater risk for hepatitis C (HCV) infection because of transfusions during the Vietnam war. HCV, a viral infection that causes inflammation in the liver, can be transmitted from person to person primarily through blood and blood products.

Because the disease can be symptomless for years, those infected are at risk of developing chronic forms of the disease and severe complications, including cirrhosis, liver cancer, liver failure, and ultimately, death. Five million Americans are infected with HCV, and most don't know it. You may be at risk if you shared razors or toothbrushes with an infected person; you've been in a high-risk health care occupation that involved needle sticks or other exposure to blood; you received a blood transfusion before 1992; you had a tattoo or body piercing with contaminated needles; you had unprotected sex with multiple partners; or you experimented with intravenous drugs or snorted cocaine.

Awareness of risk behavior is the main way to prevent the spread of HCV, but there are some other safeguards to consider. If getting a tattoo, check to be sure that single-use needles are used; for body piercing, or any other invasive procedure, including dental work or acupuncture, all needles and other implements should be sterilized in an autoclave; and those with multiple sexual partners should practice safe sex.

Much can be done to prevent the spread of this virus. If you think you were exposed to HCV, see your doctor, and ask to be tested. Medical treatments are available for eligible patients with chronic HCV. For free information about hepatitis or to obtain a list of physicians in your community, call the American Liver Foundation-North Carolina Chapter at (415) 984-3169 or (888) 443-7222.

#### **Cold War Recognition Certificate**

In accordance with section 1084 of the Fiscal Year 1998 National Defense Authorization Act, the Secretary of Defense approved awarding Cold War Recognition Certificates to all members of the Armed Forces and Qualified federal government civilian personnel who faithfully served the United States during the Cold War era, from Sept. 2, 1945, to Dec. 26, 1991.

Beginning on April 5, 1999, you may apply for a Cold War Recognition Certificate if you qualify. Acceptable documents for proof of service are proof of military service (DD Form 214 (Certificate of Release/Discharge from Active Duty, WD AGO Form 53-55 (War Department Separation Document, and oath of office (military personnel or letter of appointment) and federal government civilian personnel service (Standard form 50 (Notification of Personnel Action), Standard Form 2809 (Health Benefit Registration Form), Award Certificate with employer's name, name of service or agency and dates, retirement forms with employee's name, service or agency and dates).

Be ready to mail or fax the documents in support of your application. The application form will be available at a later date. Point of contact is Mary Leftwich, retirement services officer, 410-278-7017/7020.

## Three NCOs make history as APG's first chosen for Audie Murphy Club

HISTORY, from front page

Command Sgt. Maj. Tyler Walker II, Test and Evaluation Command and APG command sergeant major, assisted at the induction ceremony and noted that induction into the elite organization is not only a way to help in the competition for promotions and assignments, but more importantly, "a way to reward soldiers who take care of soldiers and the mission.

"We have the best-equipped Army in the world today," he added. "And that didn't just happen. Our future success rests on the leadership skills of our NCO Corps."

He emphasized the importance of Army values, noting that Hilliker, Butz and Peebles were proof that leadership by example brings Army values to life.

"I am proud of these soldiers who have set the example for soldiers to follow. I am proud of the example you have set," he said.

As part of the induction ceremony, each NCO received an Army Commendation Medal, a TRADOC Sergeant Audie Murphy Club medallion, and a Certificate of Membership in the club.

Command Sgt. Maj. Steven A. McWilliams, commandant of the OC&S NCO Academy, and one of the individuals who led the effort to establish the Sergeant Audie Murphy Club at the local level, added his praise to the newest members.

Butz was the first NCO selected for membership last fall. While waiting for the arrival of the official paperwork and medallions, he was joined by Hilliker and Peebles at the first formal induction ceremony at

Butz was honored late last year as the first member of the local Sergeant Audie Murphy Club by the Harford County Chamber of Commerce.

A native of Lafayette, Ind., Butz is assigned to the Basic NCO Course at the NCO Academy. He is no stranger to awards, having been named the 2nd Infantry Division Soldier of the Quarter during a tour in

## Club recalls service of nation's mostdecorated war hero

CLUB, from front page

military honors in Arlington National Cemetery. His grave, near the Amphitheater, is the second most visited gravesite, after President John F. Kennedy's.

Eligibility for the U.S. Army Training and Doctrine Command Sergeant Audie Murphy Club is open to all active Army, Army Reserve, and Army National Guard NCOs in the ranks of corporal through sergeant first class, assigned or attached to TRADOC units.

Selection into the Sergeant Audie Murphy Club is in four phases. Phase I is the commander's evaluation and nomination. Phase II is a performance test based on recorded accomplishments of the candidate and must be enclosed with the commander's evaluation/nomination. Phase III is the initial selection board which is conducted at the unit level under the direction of the unit's senior NCO. Phase IV is the final selection board comprised of subordinate installation command sergeant major as president and three or more command or staff sergeants major appointed by the president.

For further details about the Sergeant Audie Murphy Club and its four-phase process, contact Command Sgt. Maj. Steven A. McWilliams, commandant of the OC&S NCO Academy, 410-278-2397.

Korea, and being a member of a unit which received the Chief of the Staff of the Army's Award for Maintenance Excellence.

He has received four Army Commendation Medals, seven Army Achievement Medals, four Good Conduct Medals, the National Defense Service Medal, Southwest Asia Service Medal, Overseas Serving Ribbon (2), the NATO Medal, Kuwait Liberation Medal, as well as the Driver/Mechanic Badge with Wheel, Track, and Mechanic bars.

He graduated from Basic Training at Fort Leonard Wood, Mo., where he remained for Advanced Individual Training and was the honor graduate of the Light Wheel Vehicle Mechanic Curse. He has served overseas in Korea and Germany, as well as deploying to Saudi Arabia during Operation Desert Shield/Storm and to Bosnia as part of Operation Joint Guard/Endeavor. His stateside tours have included Forts Hood and Sam Houston, Texas, and APG. He has participated in three National Training Center rotations.

Butz is certified through the Automotive Service of Excellence (ASE) program, and has completed 99 semester hours toward an associate's degree in applied automotive science. When he's not busy winning military awards, his spends time restoring classic muscle cars, playing softball and spending quality time with his wife, Blanca. His goals are to achieve

the rank of sergeant major and eventually establish his own auto collision repair shop.

Hilliker, a native of Ishperming, Mich., completed basic training at Fort Dix, N.J., and, like Butz, was the honor graduate from Advanced Individual Training. While he received formal training prior to entering the Army at Northern Michigan University Skill Center as a pipe welder, he completed AIT at Fort Belvoir, Va., as a power generation equipment repairer

He, too, is no stranger to awards, having been named the 1st Battalion, U.S. Army Engineer School Brigade Soldier of the Month, and earning the Meritorious Service Medal, two Army Commendation Medals, two Army Achievement Medals, five Good Conduct Medals, the National Defense Service Medal, Southwest Asia Service Medal with Bronze Service Star, the NCO Professional Development Ribbon with numeral 3, Army Service Ribbon, Overseas Ribbon and Driver/Mechanics Badge with Wheel and Mechanics bars.

He has been deployed twice to Saudi Arabia as part of Operation Desert Sentry, and twice to Korea as part of Team Spirit. Hilliker also served at Schofield Barracks, Hawaii, Fort Ritchie, Md., Fort Bliss, Texas, and as a drill sergeant at APG prior to his current assignment as a small group leader with the NCO Academy.

His hobbies include downhill skiing, running, biking and weight-lifting. He also enjoys spending time with his wife, Becky, and their sons, Derek and Tyson. His goals are to be a first sergeant with his own soldiers and barracks, and to open a fitness center upon retirement.

Peebles is a native of Queens, N.Y., and completed basic training and AIT at Fort Leonard Wood, Mo., as a light wheel vehicle mechanic. He has served two tours overseas, in Germany and Italy, as well as deployment to Saudi Arabia for Operation Desert Shield/Storm.

He has also served stateside tours at Fort Leonard Wood, Mo., and APG.

He has been awarded two Army Commendation Medals, three Army Achievement Medals, the Good Conduct Medal, National Defense Service Medal, the NCO Professional Development Ribbon with numeral 2, the Southwest Asia Service Medal, Armed Forces Expeditionary Medal, Army Service Ribbon, Overseas Service Ribbon, and the Kuwait Liberation Medal.

Peebles has completed 49 semester hours at the University of Maryland. He and his wife, Nikeya, have two children. His goal is to become a command sergeant major.

Anyone desiring information about nominations for the local Sergeant Audie Murphy Club can contact McWilliams at 410-278-5093/2397.

# Andrews to pass command of TECOM to Ertwine Feb. 19

CEREMONY, from front page

U.S. Army Tank-automotive and Armaments Command for almost three years. Andrews had served at APG before. In 1972, he served as a test director at what is now Aberdeen Test Center, returning in 1991 as assistant commandant of the U.S. Army Ordnance Center and School.

His command and staff positions have taken all him all over the world. His assignments include serving in Vietnam with the 2d/501st Infantry Battalion, 101st Airborne Division. Andrews was chief of staff of the 2d Corps Support Command, VII Corps, in Saudi Arabia during Desert Shield/Storm.

He served as commanding general of the 19th Support Command in the Republic of Korea. He also commanded the 3d Supply and Transport Battalion, 3d Infantry Division (Mechanized) in Germany.

As the new commander, Ertwine assumes command during the restructuring of the Army's testing operations. Under that restructuring, which will occur on Oct. 1, TECOM will be redesignated as the Army Developmental Test Command, reporting to the new Army Test and Evaluation Command, ATEC, in Alexandria, Va.

Ertwine, a native of Ringtown, Pa., graduated in 1972 from the U.S. Military Academy. He comes to APG from AMC's Communications-Electronics Command in Fort Monmouth, N.J., where he served as deputy for systems acquisition and director of the CECOM Systems Management Center for almost two years.

A 26-year Army veteran, Ertwine is no stranger to TECOM's mission. He commanded the U.S. Army Cold Regions Test Center in Fort Greeley, Alaska, and served as director of materiel testing at U.S. Army Dugway Proving Ground, Utah.

He served as executive officer to the assistant secretary of the Army (Research, Development and Acquisition) at the Pentagon, and commander of the Fire Support Armaments Center at Picatinny Arsenal, N.J.

Do you have an item for the Community Notes page, or an idea for a story? Fax it to 410-278-2570 or e-mail it to kdrewen@apgnews.com.

Deadline is noon Monday for submissions.

# Swanson presents check for \$5,000 to APG Red Cross

By Karen Jolley Drewen

Renee Swanson is known for donating time as a Red Cross volunteer at Kirk U.S. Army Health Clinic. But recently, she added a substantial donation of money as well — \$5,000, donated by her employer, MBNA.

Swanson, a finalist for MBNA's Francis X. Norton Community Service Award, received the money to designate to the non-profit organization of her choice.

"I gave to the Red Cross because this is where I spend most of my time, at the clinic and at the Red Cross," said Swanson, who moved to APG's Patriot Village more than two years ago.

It's not the first time the Red Cross has benefitted from Swanson's recognition. Twice before, she received \$500 grants that went to the APG Red Cross Station

"Renee donates up to 30 hours a week at the Physical Therapy Clinic, and took it upon herself to become certified so she can work at the clinic," said Lawrence Kaye, installation Red Cross chairman, who accepted the check from Swanson last month.

Also present was Col. Walter Egerton, commander of KUSAHC, who praised Swanson's dedication.

"For her to volunteer to the degree she does, then go above and beyond with this donation, is just outstanding," he said. "I am happy to see her recognized as a valuable member of our community not only by us, but also by MBNA. It says a lot about MBNA that they would put the time and resources into this program to help communities."

Swanson's husband, Warrant Officer Mark A. Swanson, is with the 143rd Ordnance Battalion, and currently is attending the Warrant Officer Course at the Ordnance Center and School. Support from him and their daughter, Kayla, 12, makes her rigorous work schedules possible, she said.

Her day starts with her arrival at the clinic at 5 a.m. She inputs information into a computer, a skill which required formal



Photo by KAREN JOLLEY DREWEN

Renee Swanson, with Col. Walter Egerton, commander of Kirk U.S. Army Health Clinic, presents a check for \$5,000 to Lawrence Kaye of APG's Red Cross Station.

instruction, which she attended on her own time.

Next she picks up linens and sterilizes all the therapeutic beds, sterilizes the exercise machines and sets up other machines. As patients begin to arrive, she takes them to the equipment, has the supplies needed ready and sets up supplies that will be needed later in the day.

Then it's time for her job at MBNA. She makes the 40-minute commute to Baltimore, works for several hours, then returns to the clinic to help again.

"Kayla loves to help, and attends volunteer events with me.

like walks for juvenile diabetes and the March of Dimes," Swanson said.

Swanson also serves as a mentor for MBNA's Center for Career Excellence, which provides a "mentor for your whole life and career" to financially disadvantaged people.

"The woman I mentored had a fear of public speaking, and I worked with her," Swanson said. "When she graduated, she spoke before the entire audience. I was so proud. When she said my name and thanked me, I just lost it."

# APG renews its commitment to help to preserve Chesapeake Bay

**POLLUTION, from front page**Businesses for the Bay, a voluntary team of bay-area industries, small businesses and federal

facilities.

Other Maryland federal facility partners include the NASA Goddard Space Flight Center and the U.S. Naval Academy.

Businesses for the Bay program goals for the year 2000 include a 65 percent reduction, from 1988 levels, in the release into the bay of chemicals tracked under the Toxic Release Inventory and a 75 percent reduction in the release of those identified as Chesapeake Bay Toxics of Concern, such as cadmium, often used in industry and consumer products for batteries, pigments, metal coatings and plastics. Long-term exposure to cadmium can cause possible kidney disease and lung damage.

APG also participates in the organization's mentoring program to advise companies or other federal facilities on implementing pollution prevention practices and technologies.

"There is a great deal of expertise in preventing pollution within the Department of Defense," said Businesses for the Bay Coordinator Kelly Mecum. "By sharing this information with the broader community through the mentoring program, federal facilities can multiply the positive impacts they have on the environment."

Pollution prevention is APG's preferred approach to environmental management. In addition to saving money by reducing chemical wastes, pollution prevention efforts ultimately reduce the amount of pollution that ends up in the bay and its waterways. More than 100,000 rivers, streams and creeks in six states and the District of Columbia discharge into the Chesapeake Bay's 64,000-square-mile drainage basin.

"All employees can prevent pollution in the work place, whether in an office or a motor pool," said Elizabeth Longenecker, an APG pollution prevention specialist. "As individuals make environmentally responsible choices, we reduce our use of harmful chemicals,

conserve natural resources, and often save money. Training workers on how to make these choices is an integral part of APG's pollution prevention program."

The APG Pollution Prevention Office, part of the Directorate of Safety, Health and Environment, provides regularly scheduled training, plus training to meet the special needs of any installation activity or organization. Topics include basic environmental science, such as air and storm-water pollution; how to read a material safety data sheet; and environmentally preferred products.

Longenecker described a recent pollution prevention project that identified environmentally preferred paints - those least harmful to human health and the environment. The standards that were developed require environmentally preferred paints to meet restrictions on volatile organic compounds (VOCs), which contribute to ground-level ozone; and to contain no specified chemicals or metals considered harmful in any amount.

"Proper management of products such as paints, adhesives, degreasers, and pure chemicals is a key part of APG's pollution prevention efforts," said Robert Solyan, APG Pollution Prevention Program manager. "APG tracks its inventory of more than 29,000 chemicals and chemical products using an automated system. The data maintained in the system are required for reporting under the Emergency Planning Community Right to Know Act and serve as the foundation for identifying opportunities to prevent pollution."

To learn more about how you can prevent pollution at APG, for a list of training topics or to schedule training, contact the APG Pollution Prevention Office at 410-278-7898/4529. For more information on the Businesses for the Bay program, contact Kelly Mecum at 410-267-5719.

Sheila Jones is an employee of Dynamac Corporation under contract to support the Directorate of Safety, Health and Environment.

## **CHPPM** gets **SMART** with experts in preventive medicine

CHPPM Public Affairs Office

A relatively new addition to the U.S. Army Center for Health Promotion and Preventive Medicine can be deployed within 24 hours of notification with supplies to conduct self-sustained operations for 72 hours.

Three teams known as "SMART-PM" - which stands for Special Medical Augmentation Response Team - Preventive Medicine - provide short-duration expert preventive medicine augmentation to Department of Defense and federal agencies, responding to domestic and foreign emergencies, civil-military cooperative actions, weapons of mass destruction, and humanitarian and disaster relief operations.

SMART-PM teams are located in Europe, Japan and the United States. Components of the U.S.-based team are embedded in CHPPM Headquarters at Aberdeen Proving Ground and three subordinate CHPPM commands: Fort McPherson, Ga.; Fort Lewis, Wash.; and Fort Meade. Md.

The U.S.-based SMART-PM team consists of an operation element and a technical element

The operational element consists of one or two military officers who are technical experts with training in emergency response structure, Hazardous Waste Operations and Emergency Response (HAZWOPER), risk communication and SMART-PM operations. They perform the operation, logistics and coordination functions for the team.

The technical element's active-duty military and DoD civilian experts from the career management fields of preventive medicine perform technical tasks required by the augmentation missions. The size of the technical element depends on the augmentation mission requirements and Mission, Enemy, Troops, Terrain and Time (METT-T) principle. A multi-disciplined (seven personnel) SMART-PM will perform initial assessments and request a follow-on tailored technical element when the mission is generally stated in the deployment order.

SMART-PM capabilities include environmental medicine, epidemiology and disease surveillance, medical entomology, health physics, industrial hygiene field services, health hazard assessment, toxicology, environmental health risk assessment, solid-waste management, water/wastewater analysis and water-supply management, environmental exposure surveillance and hazard modeling, and public health assessment.

Specific areas of expertise that support emergency response for a weapon of mass destruction event include: disease surveillance, medical entomology and preventive medicine countermeasures for biological events; low-level exposure sampling and hazard modeling and health-risk assessment for industrialized chemical events; radiation detection, hazard sampling and identification; and health physics for nuclear/radiological

The U.S.-based SMART-PM team deployed on Nov. 22 to Nicaragua and provided disease surveillance assistance and subject matter expert information exchange in water surety, community health nursing practices and entomology to the Ministry of Health as part of the overall U.S. disaster relief effort.

Other recent SMART-PM operations included: participation in a simulated disaster in Philadelphia; standing up to provide assistance in response to Hurricane Georges; and partnering with the U.S. Army Soldier and Biological Chemical Command Chemical/Biological Rapid Response Team to provide assistance in areas such as public health surveillance; epidemiological assessment; and industrial (low-level) chemical exposure sampling, hazard modeling, analysis and risk

The team continues to train and plan for future operations and welcomes opportunities to train with federal, state and local response elements. Contact Lt. Col. William Mahr or Capt. Aaron Silver for more information at 410-436-5460/2488.

## Retired Army couple helps Russian orphans find homes in U.S.

ADOPT, from front page

nic, trips around the area and other events are planned not only to entertain the children and show them a slice of American life, but also to allow prospective adoptive parents to meet them.

"We have to promise the embassy that they will return to Russia," Judy said, noting that the Immigration and Naturalization Service paperwork, parents' criminal background check and other paperwork can take up to four months. Single mothers seem to have fewer problems adopting than single fathers do, although both successfully have adopted children.

She can show you videos of the orphanages where her children lived, and has information on nearly 40 children available now for adoption. Digital images traded by computer show the children. One dark-haired little girl looks solemnly from a page, waiting for a family.

#### The road to adoption

It was a family that Judy and Barry wanted after they married seven years ago, and adopting older children seemed like the answer. After much consideration, they decided Russian adoption was the way to go.

"At our ages, a baby didn't really appeal to us," said Judy, who raised two sons, Douglas, 28, and Daniel, 24, plus four foster sons - Jay, Tony, Brian and Phillip, who were between ages 3-9 when they joined her family in the late '70s. A foster parent for years, she was used to being surrounded by children, including other foster children who stayed for shorter periods of time.

"My bigger kids were pretty good-sized. Barry didn't have any kids, and I had always had these herds of children around. We looked at American adoptions and it just didn't fit what we were looking at," she said.

If anyone had told them where they would be at the end of the decade when they met at Fort Rucker, Ala., in 1991, they never would have believed it, she said. She had no plans to remarry. He

was a 42-year-old bachelor.

A year later they married. A year after that, they added a son to their family. Two years later, they added a daughter.

"There goes my mid-life crisis," joked Barry as he described how, in 1993, he retired from a 22-year career in the Army's Chemical Corps, accepted a job with EAI, a contractor in the Edgewood Area, moved to Maryland and became a father. "Most guys buy a Corvette."

But parenthood was so fulfilling, the couple returned to Russia two years later to adopt Anna, then known as Anya, who was nearly 7.

"It was pretty obvious that the only way I was going to have a girl was to adopt one," Judy said.

Anna was "on the older side" for adoptive children, Judy said. Like American families, many Russians who are adopting want infants or at least pre-schoolers. Add medical problems and an older child may have little chance of finding an adoptive family.

But even the medical concerns, while scary-sounding at first, were less to fear when you see the children in person, Judy added. remained in Russia. His "bilateral born without hip sockets - almost



Children from Russian orphanages ride the train to the airport as they begin their journey

said. "He waddled into the room and we said, 'What a great kid!""

Sasha, then nearly 5, looked at Judy and said, in Russian, "That's my mama."

And who is that man? the orphanage director asked him, pointing to Barry.

"That's my papa," Sasha said, and crawled onto Barry's lap. Then he looked sternly at the orphanage director.

"What took them so long to get here?" he asked.

On the other hand, Judy said, Anna "cried her eyes out for four

The trip to pick up Sasha took them more than 5,000 miles, to Siberia in the dead of winter. After coming home to Maryland, Sasha underwent surgery at Johns Hopkins. Today, his "birth defect" is barely noticeable.

"You see him running around, playing soccer, swimming on the Harford YMCA swim team," she



to the United States last summer.

she said, it was her husband, who had never raised children, who was the most

complacent. "He said 'Kids don't expect to be understood totally, and they don't expect to understand adults

said. "I have to

wonder what his

life would have

been like in

But physical

Judy's

people

problems were

biggest fear, she

said. It was the

seem to worry

about the most,'

Ironically,

"That's what

language gap.

most

she said.

Russia."

totally," she said. He was right, and she said the combination of that "military attitude" and ability to accept other cultures is what she believes makes military families so right for adopting Russian children.

Anna has what few Russian adoptees have - baby pictures. Her mother, then grandmother, raised her until she was 2 years old. Her mother's drinking problem resulted in her losing custody, after her grandmother's failing health prevented her from caring for the child.

"She didn't know anything about adoption," said Judy of Anna's "Russian Grandma," who they found two years after adopting Anna. "When she found out Anna was being adopted, she visited her, then went home and cried for four days. Two years later, we 'discovered' grandma. Now, she cries every time she gets a letter, for joy this time."

To bridge the language gap, they created picture books to show Anna's grandmother her life, school and home in the United States. Grandma corresponds monthly and knitted her slippers for Christmas.

Another fear about adoption is the cost, which Judy said "is like buying a low-priced car, only you'll have it longer" - about

\$18,000. They received an adoption loan from NationsBank.

"Like most people, we did not have the money and got an adoption loan. The woman at the bank said "If you default on this loan, we're going to have a big problem with your collateral," Judy said. "The people who adopt are everyday, common folks. I'm a nurse, my husband's a chemist. These people work for the phone company, for the school system. You can do it."

#### A grim future

The condition of the orphanages - and the children themselves – is another fear people face, one she wants to dispel. Judy said the orphanages they worked with were clean and had workers who really cared for the children.

"When I was a foster parent, I saw kids going in and out of some bad situations. Kids from orphanages do grow up with problems. But look what we do to our kids. We give them eight different sets of parents, all with different rules. In the orphanages, they have the same routine every day, the same caretakers every day. They didn't have much to play with or much to wear, but they were clean and fed, and the people cared about them."

The orphanage director at Sasha's home never hid the fact that some of the children had serious physical or mental problems, she added.

"He was so proud to take you around and show you where they slept, what they ate, what they played with. It wasn't a rich place. They obviously had five kids for every toy," she said.

The report last month on "20/20," she added, which showed heart-breaking footage of disabled children living in terrible conditions, and children who were improperly institutionalized, contained a brief line that said "not every orphanage is like this."

That was proven true when they returned to adopt Anna, and staff members and doctors from Sasha's orphanage remembered them, and stopped by to ask about

"their child."

"His doctor asked about Sasha, and asked 'How is he doing? Is he still Russian?" Judy said. "They remember the kids. They really care about where they went. If you've got nothing but you've got love, it helps."

The Williams family remembers those who cared for their children, sending hundreds of pounds of toys, clothes, books, medicine and food to the orphan-

Regardless of the conditions at orphanages, the statistics for Russian orphans are grim once they leave the facilities at age 16. By the end of the first year, 10 percent commit suicide; half of the girls are prostitutes and half of the boys are incarcerated.

"Nobody wants a kid over 5. They get out and have to fend for themselves," Judy said.

She also seeks to balance news reports of parents who adopt Russian children only to find they have physical or mental problems that cannot be overcome.

"When you see these news broadcasts, these are true stories, and my heart goes out to these people. But they make it sound like it's every kid, and it's not. Don't be afraid to look at an older kid because of a news broadcast,"

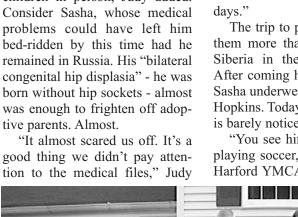
The Williams family participated in a study of 1,200 families who adopted children from Russia. Of those, 4.6 percent of the parents rated their own children as being poorly adjusted. "That means more than 95 per-

cent rated their children as being adjusted or well adjusted," Judy

Meanwhile, adoption may be a tradition adopted by the next generation.

"Sasha said when he grows up, he's going to get married, go to Russia and adopt a child," Judy said. "He just thought babies came from airplanes."

If you're interested talking to Judy and Barry Williams about adopting children, call them at 410-569-8927 or send an email to barry williams@compuserve.





Adoptive families pose with children from Russia during a cookout at Barry and Judy Williams' house last summer.

#### **HEALTHY LIFESTYLE CHOICES '99**

## **ACS** helps social work students gain experience

**By Sheila Little** *APG News* 

Army Community Service is reaching out to the community by participating in the education experience of Maryland social work students.

Andrea Krebs is in the first year of a two-year graduate program at the University of Maryland at Baltimore, pursuing a master's degree in social work. As a part of her education, she is serving her first internship with ACS, working part-time.

Her duties include coordinating the staffing schedule, writing news articles about social concerns, conducting seminars and classes, working with clients, and keeping a record of her observations. She comes to ACS with a bachelor's degree in Social and Behavioral Sciences from the University of Southern Maine, and is looking to enhance her graduate education through the on-the-job experiences available in our communi-

Andrea is not the only student intern at ACS. Amy Kemp-Wellmeier is working toward a bachelor's degree in social work from the University of Maryland at Baltimore County.

Celestine Beckett, Family Advocacy Program manager, is the field instructor for the two students.

In her second year of supervising interns at ACS, Beckett said she was drawn to the program because as a graduate student she had two excellent placements, including one in a military environment.

"Students get a lot out of it. In addition to learning and utilizing their social work skills, they learn about themselves and how they react, work and deal with others in a variety of situations," Beckett said.

A standard curriculum is followed to meet certain education requirements, but "there is potential for the students to get even more out of their year at ACS because they can request or suggest a certain experience or emphasis, and we do our best to work within the community to bring that about," she added.

Beckett said she sees the potential for offering the same quality of education to these students, with simultaneous exposure to the workings of a military community.

Universities contact social service agencies within the state and ask them to consider overseeing work experience for students. Once potential sites are identified, candidates are screened and then interviewed by the field instructor in order to make a suitable match.

Liz Bowman, chief of ACS and a social worker, said the program helps both the student and the ACS staff.

"Everyone benefits from having an intern around," she said. "A student brings a new perspective. They question us and cause us to take a critical look at ourselves. As a part of their training, they evaluate the agency."

The resulting analysis, she said, can benefit the overall operation.

Andrea said she anticipates learning a lot about the military community and social structure, and how to best use her knowledge to help others.

"I went into social work because social workers deal with the advocacy and the individuals," she said. "Other helping professions deal solely with the



Photo by SHEILA LITTLE

Andrea Krebs is working at Army Community Service as part of her graduate degree in social work.

working with individuals, but I also want to have an impact on changing the community and society for the good of everyone.

individual. I like the idea of I'd like to cover the whole perspective."

> For information regarding the services offered through ACS, call 410-278-4372.

For information on fetal alcohol syndrome or for treatment of an alcohol problem, contact the **Alcohol** and Drug Abuse Prevention Program at Kirk **U.S. Army Health** Clinic, 410-278-1715. Civilian sources include Paul Papp at the **Employee Assistance** Program in building 2754, 410-278-3137. Off-post aid is available from **Harford County** Health **Department** Alcohol Services, 410-879-6988.



pation of the joy of new life and a load of responsibilities It may signal a time for the mother to make some changes in her lifestyle. There's no doubt what a mother does, such as exercise, and what she eats and drinks directly affect the health of her

#### Alcohol's Most **Vulnerable Victims**

Alcohol is dangerous to babies. Drinking large amounts of alcohol during pregnancy, for instance, can cause skeletal deformities, nervous system abnormalities leading to mental retardation and hyperactivity, the stunting of growth before or after birth, malfunctions of the major organs, and underdevelopment of the head and middle part of the face of infants. These are

the symptoms of Fetal Alcohol Syndrome, or FAS.

Alcohol is a toxic substance that enters the embryo and fetus through the mother and affects its developing systems. Even moderate drinking in the first 2 months of pregnancy, before a woman may know she is preg-nant, can result in mild mental retardation and emotional problems in children. In fact, FAS is now known to be responsible for more cases of mental retardation than any other cause in the western world. In the U.S. alone, over 50,000 babies are born every year with FAS.

#### Preventing FAS

Fetal Alcohol Syndrome is totally preventable. It requires complete abstinence from alcohol slightly before and throughout pregnancy. It doesn't matter what form the alcohol takes. Wine, wine coolers, uncooked cooking wine,

The Tragedy of Fetal Alcohol **Syndrome** 

beer, cocktails, tropical drinks and punches, brandied fruit and egg nog, some cough syrups, and, of course, hard liquor are all

dangerous. Some women and the children they're carrying may be more susceptible than others. For

Even moderate drinking in the first 2 months of pregnancy can result in mild mental retardation and emotional problems in children.

instance, Native Americans and African Americans are more likely to be at risk than Caucasians. But why take a chance? Cut out all alcohol before and during pregnancy. The risk of complications from FAS will be eliminated, and your chance of bringing a healthy baby home will be greatly enhanced

#### **SPORTS**

## Weightlifting competitors bench press to impress

**By Karen Jolley Drewen APG Name** 

A few good men and women from the Marine Corps Detachment took the team trophy at Sunday's Intramural Bench Press Competition, the first held at Aberdeen Proving Ground.

The competition drew 43 military personnel, competing in 10 weight categories from 110 to 242 pounds. The Marine Corps team took the first-place team trophy, followed by the Air Force Detachment.

"It reminded me of the old days at Aberdeen Proving Ground, back in '83," said Zachary Rhodes of the detachment, who competed at APG then and still competes in area tournaments, although he coached rather than participated during this event.

"We asked for this event to be added to the intramural schedule, and the intramural sports coordinator, Ms. Earlene Allen, made it happen," he said.

Coaching the Marine team was tough due to training schedules, but he said he was proud of the USMC performance.

"If you can lift your weight, you're strong," he said. "The whole command is proud of our Marines."

Assistant coach William Frazier, who competed in the 181-pound category, was enthusiastic about the event.

"We did great! They should have this event more often," he said

Part of the strategy for the Marines, who had 23 of the 43 participants - nearly 10 percent of the detachment - was to rack up points for the Commander's Cup, he said.

"We got a lot of response when we started signing up people about four weeks ago," Frazier said.

Marni Allison, APG sports director, said the turnout for the

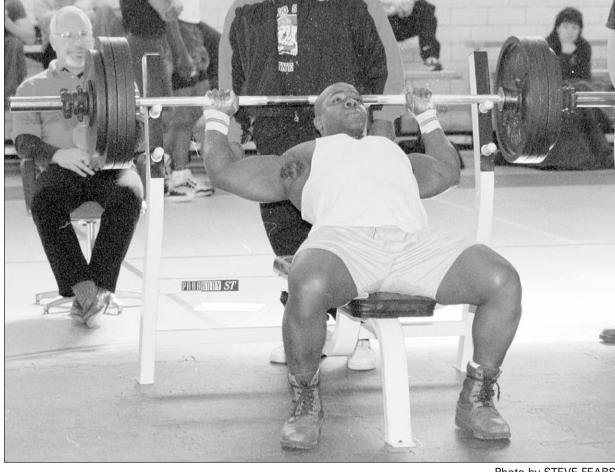


Photo by STEVE FEARS

John Quaye of Kirk U.S. Army Health Clinic relaxes after successfully lifting 400 pounds at Saturday's Bench Press Competition at Russell Gym.

event was encouraging for the first year.

"We had a lot of good-natured competition, and a lot of talented weight-lifters," she said.

In the women's competition, Joanna Guzewicz from the National Guard won the women's lightweight class with a lift of 150 pounds. Nicole Bauer of E Co. 16th won the other women's division with a lift of 165 pounds.

In the men's competition, Nicholas Collins of the Marines took the trophy for the 123pound class with a lift of 100 pounds.

In the 132-pound Class, Michael Collins of the Marines won with a lift of 150 pounds. Joshua May of the Marines won in the 148-pound class with a lift of 235. Claudell Taylor of the

National Guard won in the 165-pound class with a lift of 290.

Jacob Sellars of the Marines won in the 181-pound class with a lift of 300 pounds. Gabriel Munoz of the Marines won the 198-pound class with a lift of 300 pounds. Clinton Harrell of NCOA won the 220-pound class with a lift of 300 pounds.

John Quaye, a medical specialist at Kirk U.S. Army Health Clinic, won the 242-pound class with a lift of 415 pounds.

The best lift trophies went to Sara Bankemper of the Marines with a lift of 110 pounds, Ronald Harnage of the Marines with a lift of 225 pounds in the men's sub-masters division, and National Guard's Taylor with his winning lift in the men's open division.

There are three events that make up a Power Lifting meet, the bench press, the deadlift and the squat. As it is the first year, APG is running each event separately to ensure the interest exists for a full-fledged meet.

The next weight-lifting event, the Deadlift Competition, will take place April 10 at Hoyle Gym in the Edgewood Area.

Something new at this event will be Civilian Division, so any civilian employees or eligible family members also will be able to compete. Commander's Cup points will only be awarded for the Military Intramural Competition. Deadline to register for this competition is April 7.

For more information, call the Intramural Sports Office at 410-278-7933/7934.

#### **SPORTS SHORTS**

#### Sign up for All Army Track and Field Team

Any active duty soldier interested in participating on the All Army Track and Field Team needs to submit an application to the Sports and Fitness Office in building 3320 by Feb. 11. Candidates are advised to read AR 215-1, section 20c-4, which reviews the standards for All Army participation and time requirements for track and field events. Applications can be picked up at the Sports Office or from any APG gymnasium. For more information, call Marni Allison, 410-278- 4497.

#### **World Military Games coming up**

The 1999 CISM World Military Games will take place Aug. 6-18 in Zagreb, Croatia. Applications are being accepted for the following sports: judo, canoe, marathon, diving, kayak, team handball, cycling, rowing, fencing, orienteering and swimming. All other team sports are selected from the Armed Forces Championships.

Any active duty military interested in applying must submit an application to the APG Sports Office by Feb. 19. Those selected must have a current passport. For more information, call Marni Allison, APG sports director, 410-278-4497/9816.

#### **Civilian racquetball tournament scheduled**

The APG Sports Office is sponsoring a civilian racquetball tournament to coincide with this year's military intramural racquetball tournament. The tournament will be held in the APG Athletic Center Feb. 22-March 3. Games will be held in the evening, and may be scheduled at Hoyle Gym if necessary.

The champions of the civilian division will play the champions of the intramural tournament for the title of Post Racquetball Champion.

Any civilian employee interested in participating must register by Feb. 12 at the APG Athletic Center or Hoyle Gym. For more information or to register by phone, call the Intramural Sports Office at 410-278-7933/7934.

#### Sign up for the Polar Bear Run

Register for the annual Polar Bear 10K Road Race and 5K Fun Run scheduled for Feb. 27. The race will start at 9 a.m. at the APG Athletic Center. Entry forms are available in all APG gymnasiums. Long-sleeved T-shirts will be given to all registered 10K runners and medals will be awarded to the top three finishers in each division. The 5K Fun Run is free and registration is not required. There will be no awards in this event and T-shirts will be available for purchase. For more information, call Donna Coyne, race coordinator, 410-278-7934.

#### **Interested in indoor soccer?**

Anyone age 30 and older who is interested in playing indoor soccer on a league can call SSgt. Ken Whipple, 410-278-4525/6025, at HHC, 16th Ordnance Battalion. The league is open to anyone interested, military or civilian.

## Billiards players rack up points in tourney

The Intramural Billiards Championships and awards ceremony were held at the Aberdeen Area Recreation Center Jan. 25.

The tournament began Jan. 19, with 39 male and four female competitors.

The men's division winner

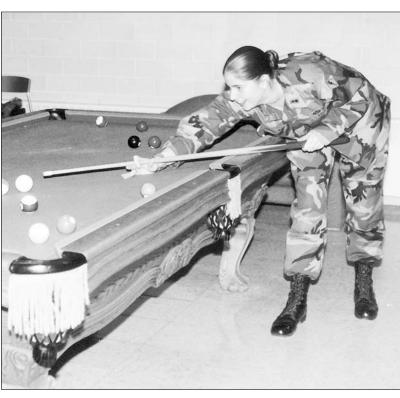
was Jerry Clanton from HHC 143rd; the second-place trophy went to Joe Hochstetler from the Air Force Detachment.

Karen Barnes and Cindy Hobbs, both from E Co. 16th, took first and second respectively in the women's division.



## Want the latest post news?

Listen to the **APG Report** on Monday and Friday, 7:09
a.m. on Aberdeen's WAMD radio station, 970 AM.





At left, Cindy Hobbs lines up a shot in the Intramural Billiards Championship. Above, the winners of the tournament are, from left: Jerry Clanton, first place, men's division; Karen Barnes, first place, women's division; Joe Hochstetler, second place, men's division; and Hobbs, second place, women's division.

# MEDDAC receives accreditation, seeks excellence by improving care

## Kirk U.S. Army Health Clinic part of Fort Meade-based activity

The U.S. Army Medical Department Activity, located at Fort Meade, Md., has achieved accreditation from the Joint Commission of Healthcare Organizations.

The Fort Meade MEDDAC comprises the following medical facilities: Kimbrough Ambulatory Care Center, Fort Meade; Kirk U.S. Army Health Clinic, Aberdeen Proving Ground; Dunham U.S. Army Health Clinic, Carlisle Barracks, Pa.; Fort Detrick U.S. Army Health Clinic, Fort Detrick, Md.; and Fort Indiantown Gap U.S. Army Health Clinic, Fort Indiantown Gap, Pa.

Also included are the Defense Distribution Center U.S. Army Health Clinic, New Cumberland Army Depot, Pa.; Letterkenny U.S. Army Health Clinic, Letterkenny Army Depot, Pa.; and Tobyhanna U.S. Army Health Clinic, Tobyhanna Army Depot, Pa.

Formed in 1951, the Joint Commission is dedicated to improving the quality of the nation's health care through voluntary accreditation.

Kimbrough was accredited after a team of Joint Commission surveyors conducted an on-site survey in October 1998, and found that the Fort Meade MEDDAC had demonstrated compliance with the Joint Commission's national standards for ambulatory care organizations.

"In becoming accredited, the Fort Meade MEDDAC was evaluated against a set of national standards by a joint commission team experienced in the delivery of ambulatory health care services," said Linda Murphy-Knoll, M.N., vice president, Mission and Outreach, Division of Accreditation Operations, Joint Commission.

"Achieving accreditation demonstrates the Fort Meade MEDDAC's commitment to provide high quality care to its patients," Murphy-Knoll added.

Col. Ophelia C. Patterson, MEDDAC commander, said her organization sees "obtaining Joint Commission accreditation as another step toward excellence.

"We seek accreditation for our organization because we want it to be the best," she said. "Our staff is very supportive of the process. I think it gives them a feeling of prestige to work in an accredited organization. They also appreciate the educational aspect of the survey and the opportunity to interact with the Joint Commission team."

## AFTB classes scheduled for February, March

Army Family Team Building classes are designed to improve personal and family readiness. The classes are sequential and are taught by volunteer family members. Classes are held in building 2752 in the second-floor conference room. Unit briefings are available upon request.

Level I classes are designed for the new military spouse or anyone interested in updating personal skills or basic knowledge. The two-day Level I Class will be held March 2 and 4, 10 a.m.-12:30 p.m. Register by Feb. 23. A two-day Level I Class will be held April 6 and 7, 10 a.m.-12:30 p.m. Register for the April class by March 30.

Level II classes are geared toward emerging leaders and include relationship building, family support groups and group dynamics. The two-day Level II Class will be held Feb. 16, 10 a.m.-12:30 p.m., and Feb. 17, 10 a.m.-2:30 p.m. Register for the class by Feb. 9.

Instructor training is offered to all family members who have completed Levels I and II and are interested in presenting the program to others. The three-day class will be held Feb. 22, 10 a.m.-2:30 p.m., Feb. 23, 10 a.m.-12:30 p.m., and Feb. 24, 12:15-2:30 p.m. Register by Feb. 15.

Korean classes, taught by an instructor fluent in the Korean language, will be held in March. If interested in the Korean class, call the AFTB office for further information, register for classes, call 410-278-2857.

#### STORK STOPS

#### **Eugene Walter Zacerous IV**

**Eugene Walter** Zacerous IV was born Dec. 22, 1998, at 4:10 p.m. at Harford Memorial Hospital in Havre de Grace. He weighed 9 pounds, 2 ounces, and was 21and-a-half inches long. He is the son of Cynthia Zacerous and Spc. Eugene Walter Zacerous III, who is assigned to Headquarters Support Troop, APG Garrison. The family lives on Peace Court in Patriot Village.



#### Gabriella Masanga Ngoma

Gabriella Masanga Ngoma was born Jan. 11, 1999, at Harford Memorial Hospital in Havre de Grace. She weighed 6 pounds, 10 ounces, and is the daughter of Komba Vita and Masonama Ngoma of Peace Court in Patriot Village. Gabriella's grandparents are Komba Zawadi and Adeito Bagbeni of Jamaica, N.Y.

## COMING UP...

#### **FRIDAY FEBRUARY 5 CMU BRIEFING**

Central Michigan University will have an information briefing on its master's degree program in information resource management from 4-5:30 p.m. at the Army Education Center, building 3146, room 12. For more information call the CMU office at 410-278-9827.

#### **WAPG-TV**

The following programs are scheduled for Feb. 4-10 on WAPG-TV, on-post cable channel 3:

#### THURSDAY, Feb. 4

10 a.m., 7 p.m., APG Energy Efficiency (10 minutes) 2 p.m., Movie Previews

#### FRIDAY, Feb. 5

10 a.m., 7 p.m., Don't Touch It, Don't Take It, Don't Blow It (6 minutes) 2 p.m., Movie Previews

#### 10 a.m., 7 p.m., APG Energy Efficiency (10 minutes)

MONDAY, Feb. 8

TUESDAY, Feb. 9 10 a.m., 7 p.m., Don't Touch

It, Don't Take It, Don't Blow It (6 minutes)

#### WEDNESDAY, Feb. 10

10 a.m., 7 p.m., APG Energy Efficiency (10 minutes)

Witkowski, 410-278-1151.

#### For information, call Lynn

#### **SWING COUNTRY STYLE**

Learn country dances at Aberdeen American Legion Post 128, located on Parke Street, sponsored by the Harford County Country/ Western Dance Association. Intermediate West Coast Swing begins at 7:30 p.m., followed by a partner dance at 8 p.m., and beginner West Coast Swing at 8:30 p.m. Open dancing will be held 9 p.m.midnight. Admission is \$10 for non-members, \$8 for members; everyone is welcome.

#### **TUESDAY FEBRUARY 9 BLOOD DRIVE**

Sign up for the Red Cross blood drive from 7:30 a.m.-12:30 p.m., at the Aberdeen Area Recreation Center, building 3326. Red Cross officials said blood supplies are low. Call 410-278-2087 to make an appointment. The process takes about 45 minutes.

#### **BLUE CROSS VISIT**

A claim representative of the Service Benefit Plan (Blue Cross/Blue Shield) will visit APG under arrangements by the Civilian Personnel Advisory Center, from 9-11:30 a.m. in building 305, room B-14, in the Aberdeen Area, and 12:30-1:30 p.m., in building E-4420, to discuss problems and coverage. No appointment is necessary. Points of contact for this information are Kathy Anderson, 410-278-2649 and Teri Wright, 410-278-4331.

## **Events planned for African-American/Black History Month**

**MUSEUM SEMINAR** 

Susquehanna Museum of

Havre de Grace will hold a

dle school Media Center.

and the Race Track -

**FEBRUARY 13** 

St. James A.M.E. Church

**SATURDAY** 

seminar at 7 p.m., at the mid-

Former State Sen. David Craig

will present "Havre de Grace

Excitement in the River City."

For details, call 410-939-5780.

**BLACK HISTORY MONTH** 

School, 617 Green St., Havre

de Grace, celebrates Black

American Storyteller Tunki

History Month with African-

welcome; admission is free.

**WEDNESDAY** 

**FEBRUARY 17** 

**HEALTH PLAN VISIT** 

A claim representative of the

Baku, noon-3 p.m. All ages are

Aberdeen Proving Ground will celebrate African-American/Black History Month with several events planned.

The annual Black History Month Meal is scheduled for Feb. 16, 5:30-7 p.m., at the post's three dining facilities.

The standard meal rate of \$3 applies to officers and enlisted members in the rank of sergeant and above and their quests. DoD civilians, retirees and their guests.

The discount meal rate of \$2.45 applies to enlisted personnel who are private through specialist/corporal, their families,

**WEDNESDAY** 

**FEBRUARY 10** 

**EA-OWC LUNCHEON** 

5 Bel Air South Parkway

the monthly luncheon. Jill

Join the EA Officers Wives

Club at Hunan Chef Restaurant,

(Festival Shopping Center) for

Brock, EA-OWC member and

Weight Watcher's leader, will

bers enjoy an assortment of

style. She lost 40 pounds

and guests are invited to

Chinese dishes served family

seven years ago and has kept

the weight off. OWC members

attend. Social time begins at

includes a fruit dessert and for-

tune cookie, coffee and tea. The

cost is \$6.50 per person. Call

Rosemary Kramp at 410-569-

7167 by Feb. 5 to make your

11:30 a.m. with lunch being

served at noon. Each lunch

speak on weight management

and healthy eating while mem-

and nonprofit youth groups permitted to eat in the dining facility.

On the menu will be old-fashioned bean soup, barbecued spareribs, fried and baked chicken, fried catfish, roast beef, pulled pork, blackeyed peas and ham hocks, greens with ham hocks, corn bread and a variety of side dishes, salads, desserts and beverages.

Also in February, the U.S. Army Ordnance Center and School will sponsor and host two events.

On Feb. 14, OC&S will host the 26th

**Annual Wilbert Davis Gospel Night** from 4-7:30 p.m. at the Post Theater. More than 30 entertainers and gospel choirs will perform.

On Feb. 22, 10 a.m.-noon at the Post Theater, Dr. Alan Gropman, a professor at the Industrial College of the Armed Forces, will discuss "Blacks in **American Military History."** 

Admission to both events is free. For details, call Sfc. Thomas Stephanic, OC&S Equal Opportunity advisor, 410-278-5598, or Sfc. Shelton Torbert, APG Garrison EO advisor, 410-278-1534.

#### Government Employees Hospital Association (GEHA) Health Plan will visit APG, arranged by the Civilian Personnel Advisory Center, iin

building 305, room B-14, 10 a.m.-noon. No appointment is necessary. For details, call Kathy Anderson, 410-278-2649, or Teri Wright, 410-278-4331.

#### **SATURDAY FEBRUARY 20 BIG AWARDS, DANCE**

The Susquehanna Chapter of Blacks in Government (BIG) will present its first Awards Dinner Dance at 7 p.m. at the Holiday Inn Chesapeake in Aberdeen. Proceeds will benefit the BIG Youth Scholarship Program. Tickets are \$25 per person. Call Jackie Pitts, 410-273-7915, or any BIG member.

#### **FEBRUARY 21 WEDDING RENEWAL**

**SUNDAY** 

The Roman Catholic congregations of the post chapels will

hold a Mass of Renewal at the Bayou Restaurant on Pulaski Highway in Havre de Grace for those wishing to renew their marriage vows. The mass will begin at 5 p.m., followed by dinner at 6:45 p.m. Entree choices are veal, prime rib and rockfish. The cost is \$20 per couple for parishioners, and \$20 per person for guests. Make checks payable to the Chaplain's Fund. For more information and reservations, call Connie Richardson, 410-676-0179, or the Edgewood Area Chapel, 410-436-4109, by

#### **MONDAY** MARCH 8 **FCC INTERVIEWS**

Feb. 17.

Interviews for Family Child Care training be held through March 11, for training to be held March 15-19. Applicants interested in providing homebased child care, especially in the Edgewood Area, are encouraged to apply. For applications, call 410-278-8720.

### National Prayer Breakfast set for Feb. 11

On Feb. 11, the Aberdeen Proving Ground National Prayer Breakfast will be held in the social hall of the APG Chapel at 7 a.m. This year's guest speaker will be Chaplain (Col.) Scott McChrystal, Staff Chaplain at the U.S. Military Academy at West Point, N.Y. The guest soloist will be Sandy Nook.

The National Prayer Breakfast is held annually throughout most government installations as a time for national reflection and prayer. In addition to seeking divine guidance upon the nation and its leaders, the breakfast also promotes a worthy theme. The speaker for this year's event will talk about the importance of values in the military environment.

McChrystal was assigned as the staff chapain at West Point in July 1998. His career as an Army officer spans nearly 30 years and includes a wide variety of assignments. After graduating from Washington and Lee University, he was commissioned as an infantry second lieutenant in 1970. He served in Vietnam as a platoon leader, three tours at Fort Bragg with 82nd Airborne Division, and as an ROTC instructor at

the Citadel in South Carolina.

In 1982, McChrystal left active duty in order to attend the Assemblies of God Theological Seminary in Springfield, Mo. He reentered active duty as a chaplain ordained by the Assemblies of God Church in 1985. As a chaplain he has served with the 82nd Airborne Division; community chaplain in Hannam Village, Korea; aviation brigade chaplain, 5th Infantry Division and post pastor, Fort Polk, La.; chaplain observer controller, JRTC; staff chaplain, 53rd ASG; division chaplain for 1st AD, Task Force Eagle chaplain in Bosnia with Operation Joint Endeavor; and his current assignment at West Point.

reservation.

Tickets are required in order to attend the breakfast. Everyone is invited to attend, but tickets are distributed on a first-come, first-serve basis. There is no charge for the tickets, but a \$2 voluntary donation will be received at the door. Tickets are available through unit first sergeants or by calling the Post Chapel at 410-278-4333.



Chaplain (Col.) Scott McChrystal

#### Movies

#### THE FACULTY

Friday, Feb. 5, 7 p.m.

Starring: Elijah Wood, Jordana Brewster

The corridors of Herrington High are packed with the future of America. Like teens everywhere, they struggle with parents, teachers and hormones. They also face a greater challenge saving the world from alien domination. (Rated R)

#### **JACK FROST**

Saturday, Feb. 6, 7 p.m.

Starring: Michael Keaton, Kelly Preston

Jack Frost decides to skip the most important musical audition of his career to spend Christmas with his family. His car skids off the road and he's killed. The following year, his son builds a snowman and Jack Frost comes back to Earth as the snowman. (Rated PG)

#### **CELEBRITY**

Saturday, Feb. 6, 9 p.m.

Starring: Kenneth Branagh, Judy Davis

A reporter is assigned to the celebrity beat. He soon finds himself on a collision course with four of the most outrageous people he's ever met, who will do anything to get famous or stay famous. (Rated R)

The Post Theater will be closed Feb. 12-13 for the 26th Annual Will Davis Gospel Night scheduled for Feb. 14.

### **MWR UPDATE**

#### **EA Arts and Crafts**

Porcelain Doll Class: A beginning Porcelain Doll Class will be held on Feb. 12, 19 and 26, 9:30 a.m.-noon. The cost is \$30 and pre registration is required. Ceramic Pouring: Learn to pour your own greenware on Saturday, Feb. 13, 10 a. m.- 1 p.m. Cost is \$7 plus supplies. Registration is required.

Framing Class: Matting and Framing for Beginners will be held Feb. 25, 5:30-9 p.m. Cost is \$15 plus approximately \$40 for supplies. Students must bring an 8x10-inch photo or piece of artwork to frame. Registration is required.

**Custom Framing:** The center provides custom framing. For prices and information bring your piece in for an estimate. Stop by Thursdays, 1-9 p.m., and Fridays and Saturdays, 9 a.m.-5 p.m. For more information, call 410-436-2153 or visit building E-4440.

#### **AA Framing Shop**

Basic Framing Classes: Learn the basics of framing by attending a class at the AA Arts and Crafts Center. Bring an 8x10-inch picture and take home the finished product. Classes are held the first Saturday of each month. Class fee is \$15 plus supplies.

Custom Framing: If you don't want to do it yourself, the center offers professional custom framing. Bring your piece to the center for a free consultation.

Custom Engraving: Custom plaquemaking and engraving is available at the Arts and Crafts Center. Choose from the display of plaques and finishing touches and create a memento that comes from the heart. For more information, call 410-278-4207, or stop by building 2407.

#### **Outdoor Recreation**

The Outdoor Recreation recreational vehicle lots have spaces available in the

Aberdeen and Edgewood Areas and are for all MWR patrons. The monthly fee is \$12 for items up to 20 feet in length. Vehicles over 20 feet cost an additional \$.60 per foot. Vehicles must be registered and insured. Call, 410-278-4124, or stop by building 2407.

#### ITR has specials

You can stay at a resort for seven days for just \$209 through the RCI space-available program. Stop by the ITR Office and pick up a voucher and a list of locations available. You must book before Jan. 31, and use the accommodations by Dec. 31.

Ski information: Check these web sites and phone numbers for information; www.weather.com or

www.visitnepa.org; Ski Liberty www.skiliberty.com or (717) 642-9000; Ski Roundtop - www.skiroundtop.com or (717) 432-7000; Ski Montage - www.skimontage.com or 1-800-Got-Snow or (717) 969-Snow; Seven Springs Mountain Resort...www.7springs.com or (800) 523-7777. For ski equipment rental, call Outdoor Recreation at 410-278-4124.

Hop around Disney: The ITR Office has new Walt Disney World prices. Four-Day Park Hopper: \$162 per adult; \$129 per child, ages 3-9 years. Five-Day Park Hopper: \$187.50 per adult; \$150 per child, ages 3-9 years. Park Hopper passes allow patrons to move back and forth between Magic Kingdom, Epcot, Disney's MGM Studios or Disney's Animal Kingdom parks only. Any unused days are valid until used. Six-day All-In-One: \$250 per adult; \$197.50 per child, ages 3-9 years. Seven-day All-In-One: \$272.50 per adult; \$217 per child, ages 3-9 years. All-In-One passes offer the same benefits as the Four and Five-Day Park Hopper passes plus Pleasure Island, Disney World Water Parks, Discovery Island Park & Disney World's Wide World of Sports

Complex. Admission to sporting events requiring a separate charge are not included. Seven-Day All-In-One passes are special ordered, and patrons are asked to pay two weeks in advance. Disney provided transportation are monorails, ferryboats and motorcoaches. For more information, call Rose Bailey or Janie Waiters at 410-278-4011.

Apple Vacations has many other destination points! For more information, call Angelika Williams or Tracy Brown at Carlson Wagonlit Travel at 410-273-1184.

Recreation Facilities: The ITR Office receives calls daily on Armed Forces Recreation Centers. Here is a list of recreation facilities: The Shades of Green (Walt Disney World) 288 Rooms

Reservations 407-824-3600; Hale Koa Hotel (Waikiki Beach/Oahu, HI) 815

Reservations 1-800-367-6027; Dragon Hill Lodge (Seoul, Korea) 299 Rooms. Visit the Army's web site at

www.armymwr.com for additional information about the AFRCs and other Army morale, welfare and recreations programs. For Army or Navy Lodging call 1-800-Go-Army-1, or 1-800-Navy-Inn.

#### Hit the slopes

The ITR Office has ski lift tickets for Roundtop, Liberty, Camelback, and Montage ski resorts. For more information, call Rose Bailey or Janie Waiters at 410-278-4011. Ski Liberty or Roundtop: 5-10 p.m., \$22; mid week eight-hour (nonholiday), \$27.50; weekend/holiday eighthour, \$38; Learn To Ski, ages 8 and up, Sunday-Friday, non-holiday, \$32. Camelback: night, \$19; mid-week \$27; weekend/holiday \$42. Montage: night, \$16.50; mid-week \$23.50; weekend/holiday \$31; Learn To Ski, ages 11 and up,

See MWR, page 12

### **Leave Donation**

These employees are eligible to receive donations through the Voluntary Leave Transfer Program:

Michael Alexander (wife has cancer);

Lena Blethen; John Boyle (surgery);

Barbara Breithaupt (multiple sclerosis); Bonnie Bromley (liver transplant);

Alberta Brown (mother ill); Daniel Brown (father has emphysema);

Linda Brown (diabetic); Sheila Cassidy (mother has cancer);

Cara Coe (maternity);

Dawn Crouse (surgery);

Tamara Dawson (maternity);

Dennis Green;

Herman Hensley; Gordon Herron (Wife has cancer) Joseph Hill (heart problems);

Judy Hunt (arthropathy); Eldon Jerome James (lung cancer and brain tumor);

Marcia Johnson (Down's Syndrome child requires surgery); Mary Johnson (surgery);

Marlin Julian (heart surgery); Beverly King (caring for husband);

Barbara LaGrange (Hodgkins Disease); Patricia LaGrange;

Sherrie Laury (heart problems); Dolores "Dee" McGrogan (back problems);

Susan Naccarato (carpal tunnel syndrome);

Lesley Parker (daughter has seizures);

Cathleen (Higgens) Perry; Jack Pollitt (caring for wife);

Churon Ringgold; Mary Lee Samples (lymphoma cancer);

John Sheppard (colon cancer);

Rita Sluder (mother has cancer); Walter Taylor (auto accident);

Lavonne Telsee (caring for daughter); Deborah Tredway (car accident);

Joseph Walker (Wife has cancer) Cecelia Walton (respiration problems); Kenneth Weathers (medical);

Frank Winters (surgery). For information about donating annual leave; call Cheryl

Gatling; 410-278-8978; or send a fax to 410-278-8839.

#### **MWR UPDATE**

#### MWR, from page 11

\$31. The ITR staff has received many calls for ski reports. For ski equipment/rental information call the Outdoor Recreation Center at 410-278-4124.

#### Ski Colorado

Carlson Wagonlit Travel can help you plan a ski trip in Colorado. Ski down the slopes of Keystone, Breckenridge, Summit County, Vail, or Beaver Creek. Visit during low season, Jan. 6-Feb. 9, and April 1-April 10; or high season, Feb. 10-March 31. Three and seven night trips are available. Vacations include: round-trip air to Denver; hotel accommodations; rental car; and air and hotel taxes. For more information on US Airways Vacations, call Tracy Brown or Angelika Williams at 410-273-1184.

#### Valentine's Day trips

Apple Vacations and Carlson Wagonlit Travel wants to send you and your sweetheart to the 40 miles of unbroken pearlwhite sand beaches of Punta Cana. For seven nights beach lovers can enjoy an all-inclusive getaway for unbelievably low prices starting at \$898 per person! Punta Cana is a watersport lover's playground. Surrounded by the clear turquoise waters of the Caribbean Sea. Offer is good Feb. 1-April 30. Non-stop flights are available from BWI and Philadelphia. (Prices are per person based on double occupancy, and include roundtrip non-stop airfare; seven nights hotel accommodations, airport transfers, hotel taxes, and gratuities. U.S. and foreign departure taxes and airport fees are not included.) If seven nights are too long try the three and four night getaways from Philadelphia or BWI for as low as \$678.

#### Make reservations now

Outdoor Recreation is accepting reservations from APG organizations for the 1999 picnic season. Maryland Boulevard and Skipper's Point may be reserved now for organizational day picnics and parties. Shore Pool and Woodpecker Point Picnic Areas are available on a first-come, first-served basis. On-post organizations have reservation priority through Feb. 14. Offpost organizations and groups may make reservations beginning Feb. 16. Call 410-278-4124. CAPA Field is reserved through the Civilian Welfare Fund; call 410-278-4603.

#### Rent ski equipment

The Outdoor Recreation Equipment Resource Center has head-shaped skis and conventional skis for rental. Shaped skis are the latest revolution in the ski industry. Outdoor Recreation also offers conventional skis in sizes 100 to 200 cm. Skis, boots and poles are available separately or as a package at reasonable rates. Get a complete package of skis, boots and poles for \$14 per day. The center's rental policy allows you to pick up skis on Friday after 3 p.m. and return them by noon on Sunday for a one-day charge. The center also gives 25 percent off all ski equipment rented for four or more days. Snowboards, size 125, 143, 151, and 159, are available for \$15 per day (boots not included). Whether you are a skier or shredder, you'll appreciate bibs (pants) and car ski racks for \$5 a day. The center ski tuning shop in now in operation. Have your skis hot waxed, edges sharpened, and ptexed. Visit the Equipment Resource Center for an update on the latest conditions at nearby ski areas. Call 410-278-

## **Check out ITR for low-cost travel deal**

There's still time to reserve your 1999 \$209-a-week resort vacation through the post Information, Ticketing and Registration Office.

The opportunity to book a resort condominium at a range of popular resorts during off-season periods for the \$209 weekly rate is made possible due to the new Armed Forces Vacation Club space-available program, which was tested in late 1998.

All military ID card holders, including members of the reserve components, military retirees, and Department of Defense civilians, can take advantage of the AFVC program until Dec. 31, 1999. The program gives DOD members at all income levels opportunities for affordable week-long vacations at popular destinations.

The program offered vacation weeks at nearly 100 resorts in six states within a day's drive of Washington, D.C., with a booking deadline of Jan. 31.

Officials at Resort Condominiums International, LLC, which operates the Armed Forces Vacation Club, have extended the booking deadline to Dec. 31 and expanded the number of resorts available to include more stateside and international locations.

In addition to the six eastern states, you can choose from locations in Texas, Wisconsin, Minnesota, the Ozark Mountains, and the Rocky Mountains. International locations available are eastern Canada, Mexico, Venezuela, Portugal, the east coast of Spain, the Canary Islands and Italy.

The program allows families to enjoy seven- day resort stays at one low price. Families save even more by preparing their own meals. Typically, resort condominiums have up to three bedrooms, a full or partial kitchen, and a living room. Many units have private laundry facilities or luxury amenities, such as whirlpool tubs or fireplaces.



Photo courtesy RCI

Canada's Quebec City is a popular day-trip with resort guests in surrounding areas.

Guests have access to local tours and on-site or nearby attractions and facilities, such as beaches, golf courses, tennis courts, spas, ski slopes, fishing lakes, hiking paths, horseback riding, restaurants and shops.

Normally, resort condos rent for up to \$1,000 a week. Those eligible for space-available air travel can save even more if they travel to one of the international resort locations.

Pick up an AFVC spaceavailable voucher at APG's ITR Office in building 3320, or one of the installations listed.

Fill out the voucher then call the toll-free number to book the vacation. You'll need a credit card to confirm your reservation. There are no penalties for cancellations or date changes due to

military deployments or other official duties. Confirmed vacations are not transferable. The customer who uses the space-available voucher must be the individual who checks into the resort and must be at least 21 years old. Pets are not allowed at

any resort location. Users are

responsible also for travel

expenses, local taxes, security

deposits, telephone calls, and fees charged by the resort for amenities or services.

Resort accommodations are booked on a space-available basis, so customers won't always be able to reserve a condo at their favorite national or international destinations during peak seasons.

#### Sign up soon

Customers can pick up the space-available vouchers at any time, but must book and take their vacations before Dec. 31, 1999.

Catalogs and vouchers are available at the APG ITR Ofice, 410-278-4011, and at the following participating installations: **Army** 

Walter Reed Army Medical Center, Washington, D.C. Headquarters, Department of

the Army Recreation Services (Pentagon)

Fort Meade, Md. Fort Detrick, Md.

Fort Belvoir, Va.

#### Fort Myer, Va. Air Force

Bolling Air Force Base, Washington D.C.

Andrews Air Force Base, Md.

**Marine Corps** Quantico Marine Corps Base,

Henderson Hall, Va.

#### Navy

Office of Naval Intelligence, Md.

Patuxent River Naval Air Station, Md.

Naval Surface Warfare Center, Md.

Naval Surface Warfare Center, Dahlgren, Va.

Naval Station Annapolis, Md. Naval Support Activity, Washington D.C.

Bethesda Naval Hospital, Md. **Department of Defense** 

Defense Logistics Agency, Fort Belvoir, Va.

Defense supply Center, Richmond, Va.

Defense Intelligence Agency, Washington, D.C.